



Northern Lights Special Education Cooperative

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Using the Secondary Transition – Health Care Checklists

In collaboration with pediatric doctors at Essentia Health, the Northern Lights Cooperative piloted health care checklists that can be used during formal evaluations or as working documents within the classroom. Their purpose is to assist in determining a student's understanding of basic health care issues and health care management.

We are NOT suggesting that teachers attempt to educate on medical or health issues. However, for some students, a general understanding of self-monitoring of health care may be a transitional need and is worthwhile for discussion at an IEP meeting. The checklists are meant to provide a baseline of student understanding and needs.

We are also NOT suggesting that teachers write health care goals. While the information attained might be helpful with a health care plan, any actual instruction would be attached to an existing Independent Living goal as an objective. Instruction might be on developing an understanding of basic medical vocabulary; of understanding general prescription abbreviations; how to make an appointment; how to locate a physician; etc.

There are both student and parent versions of the checklists. The Checklists are obviously optional.

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