

Learning Style Inventory

To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies which will enhance your learning potential. The following evaluation is a short, quick way of assessing your learning style. No studies have validated this inventory. Its main benefit is to get you to think about yourself, to consider learning alternatives; not to rigidly classify you.

This 24 item survey is not timed. Answer each question as honestly as you can.

Instructions: Check on the appropriate dot after each statement.

| QUESTIONS | Seldom | Sometimes | Often |
|--|--------------------------|--------------------------|--------------------------|
| 1. Can remember more about a subject through the lecture method with information, explanations and discussion. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Prefer information to be presented the use of visual aids. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Like to write things down or to take notes for visual review. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Prefer to make posters, physical models, or actual practice and some activities in class. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Require explanations of diagrams, graphs, or visual directions. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Enjoy working with my hands or making things. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Am skillful with and enjoy developing and making graphs and charts. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Can tell if sounds match when presented with pairs of sounds. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Remember best by writing things down several times. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Can understand and follow directions on maps. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| | | | |
|---|--------------------------|--------------------------|--------------------------|
| 11. Do better at academic subjects by listening to lectures and tapes as opposed to reading a textbook. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Play with coins or keys in pockets. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Learn to spell better by repeating the words out loud than by writing the word on papers. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Can better understand a news article by reading about it in the paper than by listening to the radio. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Chew gum, smoke, or snack during studies. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Feel the best way to remember is to picture it in your head. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Learn spelling by tracing the letters with my fingers. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Would rather listen to a good lecture or speech than read about the same material in a textbook. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Am good at working and solving jigsaw puzzles and mazes. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Play with objects in hands during learning period. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Remember more by listening to the news on the radio rather than reading about it in the newspaper. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Obtain information on an interesting subject by reading relevant materials. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Feel very comfortable touching others, hugging, handshaking, etc. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Follow oral directions better than written ones. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

SCORING DIRECTION

Place the point value next to the corresponding numbers on the list below. Total each column.

Seldom = 1 point Sometimes = 3 points

Often = 5 points

VISUAL

| Number | Points |
|--------|--------|
| 2 | _____ |
| 3 | _____ |
| 7 | _____ |
| 10 | _____ |
| 14 | _____ |
| 16 | _____ |
| 19 | _____ |
| 22 | _____ |

Visual = _____

AUDITORY

| Number | Points |
|--------|--------|
| 1 | _____ |
| 5 | _____ |
| 8 | _____ |
| 11 | _____ |
| 13 | _____ |
| 18 | _____ |
| 21 | _____ |
| 24 | _____ |

Auditory = _____

TACTILE

| Number | Points |
|--------|--------|
| 4 | _____ |
| 6 | _____ |
| 9 | _____ |
| 12 | _____ |
| 15 | _____ |
| 17 | _____ |
| 20 | _____ |
| 23 | _____ |

Tactile = _____

The totals are your “preference” scores. They are the method by which you prefer to learn.

ABOUT THE THREE STYLES

If you are an AUDITORY learner, you may wish to use tapes. Tape lectures to help you fill in the gaps in your notes. But do listen and take notes, reviewing notes frequently. Sit in the lecture hall or classroom where you can hear well. After you have read something, summarize it and recite it aloud.

If you are a VISUAL learner, then by all means be sure that you look at all study materials. Use charts, maps, filmstrips, notes and flashcards. Practice visualizing or picturing words/concepts in your head. Write out everything for frequent and quick visual review.

If you are a TACTILE learner, trace words as you are saying them. Facts that must be learned should be written several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.