

Pre/Post-Test

Name _____

Date _____

1. How should you introduce yourself to a professional person you do not know?
 - a. Say "hello "
 - b. Shake hands
 - c. Say "my name is ____"
 - d. All the above
2. Self-awareness means?
 - a. To be informed about yourself
 - b. To be able to tell people about yourself
 - c. To be aware of where you live
 - d. To be aware of your school
3. Self-advocacy means?
 - a. Being able to tell people who you are
 - b. Being able to speak up for your needs/ideas
 - c. Being able to talk about yourself in a crowd
 - d. Being able to express your opinion.
4. What is the average yearly salary range for an entry-level job in Idaho?
 - a. \$5,000-\$20,000
 - b. \$20,000-\$35,000
 - c. \$35,000-\$50,000
 - d. \$50,000-\$65,000
5. Attitude is most important factor in getting a job?
 - a. True
 - b. False
6. When do you leave parts of a job application blank?
 - a. You don't know the answer
 - b. You don't have information to include (e.g. you don't have job experience)
 - c. You don't leave any parts blank
 - d. You don't know how to spell something
7. When completing a job application you must
 - a. Check and edit for spelling
 - b. Use a pen or computer to complete it
 - c. Print
 - d. All of the above
8. Self-disclosure in the workplace means?
 - a. Telling your boss about your needed work schedule and salary requirements
 - b. Telling your boss about your living situation
 - c. Telling your boss about your disability and needed accommodations
 - d. Telling your boss about your family
9. Do you have the same rights in college or the workplace that you have in high school?
 - a. Yes
 - b. No
 - c. I don't know

Me! Scale – page 2

10. What services are available to me after I leave high school (for example Vocational Rehabilitation)

1. Various answers (Idaho Division of Vocational Rehabilitation, Idaho Commission for Blind and Visual Impairments, Disability Rights Idaho, Council on Developmental Disabilities, State Independent Living Council, College Disability Service Coordinators, Idaho Assistive Technology Project, Idaho Parent unlimited, Idaho Federation of Families, etc.)
2.
3.

11. List 3 positive work behaviors

1. Various answers (work ethic, dependability, responsibility, positive attitude, adaptability, honesty, integrity, self-motivated, confidence, professionalism, loyalty, good communication skills, timeliness, etc.)
2.
3.